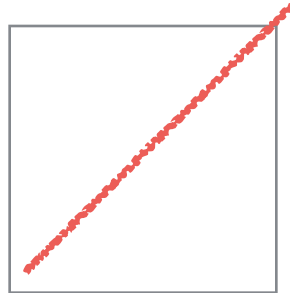


RADICAL ACCEPTANCE

OBSERVE: CHECK OUT THE SITUATION, ENVIRONMENT, ETC.

**DESCRIBE: WHAT ARE THE
OBSERVATION, IE. THEY
THEY ARE READING TO A**



**KEY ELEMENTS TO YOUR
ARE RAISING THEIR HANDS,
CHILD, ETC.**

**PARTICIPATE: I'M GOING TO READ TO A CHILD TOO. I AM GOING TO
WALK IN THE OTHER DIRECTION. I AM GOING TO HELP GARDEN**